



Prevent disability with one-on-one health coaching.

A cost-effective risk mitigation program

WHEN IT COMES TO TARGETING HEALTH CONDITIONS, WE UNDERSTAND THE CRITICAL IMPORTANCE OF EARLY INTERVENTION WHILE AT WORK.

Stay Healthy at Work™ connects eligible members with a Registered Nurse to help them proactively target and address health concerns and common conditions before they lead to extended absences and disability claims.

Stress & Anxiety × Stress & Anxiety × Stress & Anxiety × Stress & Anxiety * Stress & Anxiety * Stress & Anxiety * Stress & Anxiety * Stress & and anisity will affect almost every Canadian at some point in their lives. Whether it's the stress at work or home, there are things you can denote the stress of the stress in your life. Stress & Anxiety * Stress & Stress & Anxiety, fit Stress & analysis, and you'll get personalized feedback on the stress at work or home, there are things you can denote your goal Larm More		on that is seriously affecting your day-to-day life al-setting tool, to help you manage your health	health coaching may help. This program provides online tools ar condition
Stress and anxiety will affect almost every Canadian at some point in their lives. Whether it's the stress at work or home, there are things you can d anxiety and stress in your lite. Self-Acsessment Answer a few simple questions, and you'll get personalized feedback on how well you are managing your health concern. Plus, receive tips to better manage your health and identify options to help you achieve your goals Stress and anxiety and take control of it with our useful reco	Stress & Anxiety		×
better manage your health and identify options to help you achieve your goals	Answer a few simple question		Get a better understanding of your Stress & Anxiety, fin
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LEARN MORE → LEARN MORE	better manage your health a your goals	and identify options to help you achieve	
	LEARN MORE	7	LEARN MORE

RECEIVE

personalized, one-on-one coaching via telephone and email DEVELOP

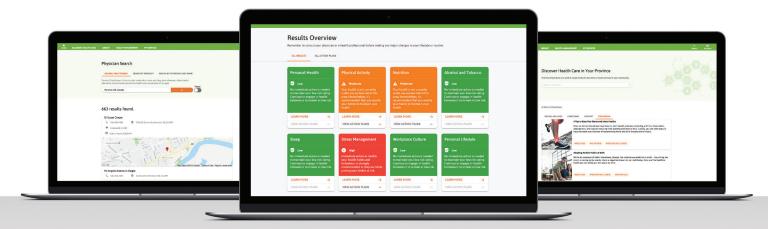
health improvement strategies and personalized action plans

UNDERSTAND

health issues and evaluate treatment options



YOUR HEALTH NAVIGATION SOLUTION



Product Suite



HEALTH NAVIGATION PLATFORM

A comprehensive digital hub to drive engagement and boost health.



HEALTH RISK ASSESSMENT

An in-depth questionnaire to generate organizational health insights and target behavioural change.



STAY HEALTHY AT WORK™ A proactive, personalized coaching program to prevent disability.



MEDICAL SECOND OPINION Medical expertise to support members with a critical illness or life-threatening condition.



WE OFFER A GLOBAL, CUSTOMIZABLE SOLUTION WITH DIFFERENT OPTIONS TO SUIT YOUR NEEDS.

HOW WE HELP YOU

Novus Health is a leader in health navigation. We deliver personalized support, reputable information, and health-related services in one single destination, using technology to help individuals make informed health decisions. In doing so, we create value for our partners while improving their members' health and well-being.

